



## The National Register of Psychotherapists and Counsellors

(Hereinafter referred to as 'The Register')

*This document was taken from the initial (December 2011) edition of the Articles and Memoranda, Code of Ethics and the Disciplinary Procedure of The Register. It has been recently updated in August 2021 and this document now **supersedes any previous version** but may contain documentation which was part of the original.*

The NRPC is intended to be a professional organisation that qualified and insured therapists may join either by invitation, by completing their studies at an accredited/accepted school, or meet certain professional training criteria, which is set out below.

This, combined with an agreement by members to abide a strict code of ethics, maintain appropriate business insurance, be adequately supervised and complete proper levels of CPD annually, will ensure that the professional standards of The Register will always be of the highest order.

The NRPC is a companion company to The Association for Professional Hypnosis and Psychotherapy (APHP) and will therefore be run by the same board of directors. The NRPC will be referred to as The Register in some of the documentation.

All decisions made by the Chair and the Director for the NRPC or APHP are final.

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This document contains:

### Details of requirements for:

- Professional Membership Details

## Professional Membership Requirements

There are four membership levels that applicants to The Register can apply. ANRPC, LNRPC, MNRPC, MNRPC(acc)

### Affiliate (ANRPC)

The Register defines an **Affiliate** member as one who has either:

1. Not trained via an APHP or NRPC Accredited Training Programme but can show evidence of having completed two years of clinical practice.
2. Has completed a satisfactory training course that may not have been classroom-based but was live guided learning (real time) and included interaction and assessment with a professional tutor.

In order for the applicant for ANRPC to be considered, the NRPC will need:

A submitted documentation on application that includes full details of all training undertaken with attachments showing core training & proof of current running insurance.

The applicant needs to also state the following:

Whether their core training was:

- Classroom based
- Distance learning
- Personal tutorial
- The total number of hours attended
- Details of the teachers, to include name and contact details
- Details of the Supervisor used, to include name and contact details
- Full current insurance documentation or insurers name and insurance policy number

Applicants might also be able to apply to be sponsored by a current APHP/NRPC Registered Member, Accredited Member or Fellow. Sponsorship is *not* acceptable from Licentiate Members.

If the application is accepted, the grade of membership will be decided by The Chair and/or Director of the APHP/NRPC. In most cases, the applicant will come into the Association as LNRPC and if the member stays with the NRPC across a number of years, remaining in good standing, can produce evidence of a formal supervision agreement and that they have achieved 15 hours of supervision a year, then they may apply for an upgrade to the other levels of membership.

The NRPC does not accept *all* applications from therapists not trained by an APHP/NRPC accredited training school, all decisions made in this regard will be final.

## Various levels of membership:

### Licentiate (LNRPC)

The National Register of Psychotherapists and Counsellors defines two routes to becoming a **Licentiate** member.

**Route A:** Those applicants who have already been accepted and verified for membership to the APHP or who have completed an APHP accredited course, but have had less than two years' experience are deemed suitable to enter at LNRPC level.

**Route B:** Those individuals who have completed a recognised associated adequate Counselling or Psychotherapy Diploma to level 4 standard, this is known as the 'Core Training'

#### The Core Training must have included:

- 450+ course hours, which can be attended full time, over 1 year duration, or part time over 2 or more years duration.  
At least 120 of the 450 hours must have been in class, or live face to face teaching. The remaining hours must be made up of coursework, and other course specific related study such as home study including homework, exam writing, research, reading, watching video content.
- 100+ supervised Clinical Placement hours
- 20+ Personal Counselling hours

You will be required to provide proof of all of the above when making an application along with your course name, a clear scan or photograph of your core training diploma, the name of organisation you trained with, tutor/supervisors details and your insurance certification.

If you are accepted at LNRPC and stay with the register for 2 years and can show evidence of supervision and CPD completed following registration, you may then apply to be considered for MNRPC member status. In the absence of such evidence the member will not progress beyond LNRPC membership level.

## Registered Member (MNRPC):

The National Register of Psychotherapists and Counsellors defines two routes to becoming a **Registered** member.

**Route A:** Those members who have been LNRPC for two years, and can provide evidence of a formal supervision arrangement, current insurance and CPD requirements having been met.

**Route B:** Those individuals who have been in practice and actively working for more than 2 years.

They must have completed a recognised Counselling or Psychotherapy diploma to at least a level 4, this is known as the ‘Core Training’

The Core Training must have included:

- 450+ course hours, which can be attended full time, over 1 year duration, or part time over 2 years duration.  
At least 120 of the 450 hours must have been in class, or live face to face teaching. The remaining hours must be made up of coursework, and other course specific related study such as; home study including homework, exam writing, research, reading, watching video content.
- 100 + supervised Clinical Placement hours
- 20 + Personal Counselling hours

You will be required to provide proof of all the above when making an application along with your course name, a clear scan or photograph of your core training diploma, the name of organisation you trained with, tutor, current supervisors details and your insurance certification.

NB: We understand that occasionally a therapist may have trained to a different level but have done significant other training which brings the level of their training hours up to the required amount as stated above. If this is the case, applicants may apply for ANRPC level to begin, and provide proof of the number of hours total that they have studied over multiple trainings. The application will be assessed individually, and a decision will be made by the Chair or the Director. Any decision will be final.

## Accredited Member MNRPC(acc):

The National Register of Psychotherapy and Counselling defines one route to becoming a **Accredited** member.

This grade is only open to those therapists who have

- 1: Demonstrated not only the criteria relevant to Registered membership, but
- 2: Been a member of the National Register of Psychotherapy and Counselling for at least five years and have at least five years professional practice under supervision. They will also provide details of their professional insurance to practice.

MNRPC(acc) membership also requires CPD to be upheld, and we request all members irrespective of length practicing should follow the guidelines for supervision requirements appropriate to your level.

### Conditions of membership at any level:

- The Annual Subscription is £80.00 Sterling at January 2021. Any change will be advised with renewal notices.
- The website of The Register <http://www.nrpc.co.uk> contains a list of members in good standing and is accessible to the public and contains information for members.
- All members are required to show evidence of at least 15 hours of continuing professional development per year (not necessarily APHP/NRPC seminars) when renewing their membership. Such evidence will be subject to a random checking procedure.
- All members must be engaged in regular relevant supervision. Those with less than 5 years' experience must have Differential Supervision from a qualified supervisor. Those with more than 5 years may elect to have peer supervision. The amount of supervision required is dependent upon the number of clients seen per week. Supervision will be subject to random checking.
- **All members will agree to read thoroughly and abide by the code of ethics; applying for membership constitutes to such an agreement.**
- Should any member organise or run a hypnosis/hypnotherapy/psychotherapy seminar or other similar event, it must not be implied that such event is in any way endorsed by or otherwise supported by The Register unless that is the case.
- The register undertakes to ensure that the contact details of each member should be readily available to the general public, via any means available. To this end, The Register will maintain registration with the major Internet search engines.
- From time to time, this document may have additions or deletions; in such event, the latest copy will be available to all members via the website

By applying for the NRCP you agree to abide by the conditions of membership.